

# Alpine Checklist

## Equipment

- Skis & Bindings
- Snowboard & Bindings
- Snowshoes
- Ski Boots
- Snowboard Boots
- Poles
- Apres Boots
- Boot Heaters
- Foot Grips/Walk Eze
- Arch Supports
- Goggles
- Sunglasses & Cord
- Powder Straps
- Helmet
- Shovel
- Wrist guards
- Swimsuit
- Casual Clothing
- Gloves & Glove Liners
- Socks
- Hat /Headband
- Balaclava
- Neck Warmer or Scarf
- Under Armour

## "Forget me Nots"

## Clothing

- Ski Bag
- Boot Bag
- Weekender Bag
- Chains
- Roof Racks
- Waterproofing Spray
- Heat Packs
- Suntan Lotion
- Lip Balm
- Skin Moisturiser
- Sore Eye Drops
- Ski Wax/Tuning Tools
- Audio/Earphones
- Film & Camera
- Holiday Insurance
- Waterproof Parka
- Waterproof Pants
- One Piece Suit
- Sweater
- Fleece
- Skivvies
- Thermal Underwear

**Freecall 1800 ADLERS**

**Sydney** 497 kent St **Chatswood** 77 Archer St  
**Collaroy** 1024 Pittwater Rd **Jindabyne** 3 Nuggets Crossing  
**Japan** Niseko Grand Hirafu

[www.larryadler.com](http://www.larryadler.com)

**LARRY ADLER**  
ski & outdoor